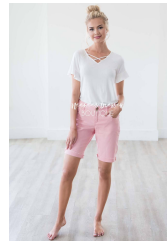




Mexico Packing List

CLOTHING/FOOTWEAR:

- Light clothing that can be layered – the weather will vary, **so think layer, layer, layer.** * Consider the environment we will be in – bring clothes that are **OK to get dirty** because they will, each day. Also, when packing, think of respectful clothing. Short shorts/ short skirts, spaghetti strap tops, yoga pants/leggings and low cut shirts are not permitted! They think differently about modesty. These things apply to both men & women.
 - If you are on the fitness type trip, those items can be worn when it's our own private group but not permitted in town or on a shoe give.
 - You will remain at the guest house during those trips if proper clothing isn't brought.
- Shower shoes or flip-flops (optional but recommended to help keep feet safe.)
- Comfortable shoes - tennis shoes are perfect as well as potentially a pair of flip-flops/sandals, but recognize that the ground is red dirt. Feet will get dirty.
- PAINT OUTFIT - Often, painting is part of our service, so bring something that you are OK getting paint on.
 - If you want to spare your shoes, that's perfectly fine. We can tie plastic bags on our shoes. NO problem!
- Jacket, hat, glove - Depending on the time of the year and climate. It might be cooler than you think.
- One piece bathing suit (or a cover-up, preferred!) We will likely hit the beach at some point if the weather is nice.
- Baseball cap, hat, or visor to help protect your head. We are out in the sun most of our time.
- Sunglasses!
- Undergarments and socks



- SPECIAL NOTE: There is nothing to dress up for! Enjoy the opportunity to kick back and relax for 5 days! We will have a few meals out but this is a very laid-back environment without many tourists. You're NOT packing for a Cabo or Cancun hotel.
- You might be doing some hiking. Bring appropriate footwear and long activewear pants. Shorts and sandals are not recommended for hikes due to the large amount of volcanic rock.

TOILETRIES & MEDICINES:

- Personal hygiene items - these are not provided for you.
- Medicines (pack in your carry-on) consider **Imodium**, Pepto Bismol, ibuprofen, Band-aids, Neosporin, feminine hygiene products, etc.
- Hand sanitizer/wet wipes (Sanitizer is readily available and will be provided but it's always nice to have one in your own personal bag as well).
- Sunscreen, lip-balm, moisturizer

SUGGESTED TRAVEL ITEMS:

- Reusable water bottle - 24 oz is a good size.
- Earplugs to use for sleeping, if desired.
- Ziplock/grocery bags – this is ALWAYS helpful when traveling for soiled or wet items.
- Charging cords for your device(s). (No need for converters in Mexico.)
- Notebook or electronic writing device
- A GREAT ATTITUDE! This is a judgment-free zone. Bring your best, most open self. The more you give, the more you will receive.

LEAVE AT HOME:

- Hair dryer
- Nice jewelry or family pieces - don't bring them!
- Personal Electronics (other than phone)
- Bad attitudes
- Weapons of any kind
- Illegal or controlled substances! (If you have a prescription for a controlled substance, we ask that you clear it with us before bringing it.)

PLEASE CONSIDER:

- Soft-sided luggage if possible! We will be putting a LOT of luggage into our van
- Meals are included along trip (**once you are in Mexico**)

- If you want special dietary items, you may purchase them on your own (personal snacks) or bring a few with you.
- We serve 3, well rounded meals, but if you are used to eating large amounts, you should bring snacks with you.
- **Limit cash to under \$100USD for incidentals.** If we have time, we'll go to the market for small souvenirs or there may be other things you want to purchase on your own. (There is an option to exchange cash to pesos but many places take USD.)

WHAT TO EXPECT:

WE ARE SERVANT LEADERS - to those around us and to each other. Please come with an open mind and an open heart.

JOB SHARE - We will be fortunate enough to have our house manager, Ulises, assisting us with delicious meals and accommodating us to the best of his ability.

Therefore, we will each be assigned a few light duties to make the days run smoothly and to show our appreciation during our stay. These things are posted on most of the doors so you can easily find the information you need.

GARBAGE SERVICE – There is no waste pick-up in-country. Garbage is taken to the yard and burned daily, so we ask that you do your best to through things away in the provided receptacles.

BATHROOM NOTES –

- “If it's brown, flush it down, if it's yellow, let it mellow”.
- “The only thing that should be flushed down the toilets is human waste. The toilet paper is placed in a wastebasket next to the toilet. This applies both to the guest house and in restaurants / public places unless otherwise specified.
- Water is a commodity! We will have hot water for showers, but do plan to take quick showers and turn off the water when it's not needed.
- The water is hard and has a lot of iron content. *Rust along the faucets and drains is common.

Sample Itineraries

This is only a sample for you to view. This is not our actual schedule. Things will change many times between now and the travel date.

Vicente Guerrero, Mexico, 5 days

- Thursday** Pick-up San Diego Airport 11:00 AM (varied pick up time)
Travel day to My360Project Guesthouse in Vicente Guerrero, Baja
(5-6 hour drive to get comfy with your team!)
- Friday** Breakfast at My360Project Guesthouse (continental)
Morning overview and build shoes Build Center
Service Project
Lunch
Local Shoe Give
Shopping at local artisan booths
Debrief
- Saturday** Breakfast at My360Project Guesthouse (continental)
Morning overview and build shoes Build Center
Service Project
Lunch
Local Shoe Give
Debrief
- Sunday** Breakfast at My360Project Guesthouse (continental)
Leave for Little White Chapel by the Sea
Service
Water time or Volcano Hike
Possible Shoe Give
Debrief, pack to leave early next morning
- Monday** **4:00 am** Depart to San Diego
Depart San Diego after 2:00PM for flights

